**INSTRUCTION MANUAL**

**Automatic Blood Pressure Monitor**

**Model:** BP710CAN

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**INFORMATION**

**Accuracy:**

The monitor is not intended to be a diagnostic device. Contact your physician for specific information about your blood pressure.

**Operating the Device**

Caution: Contact your physician for specific information about your blood pressure. Avoid direct sunlight and ensure the monitor is not exposed to direct heat or cold. Store the monitor in a cool, dry place.

**Components:**

Standard Adult Arm Cuff

**Display:**

An irregular heartbeat is defined as an abnormal heartbeat that is not normal. The Heartbeat Symbol ( ) will appear on the display if the device detects an abnormal heartbeat.

**Operating Instructions:**

1. Sit on a chair with your feet flat on the floor.
2. Place your arm on the table so the cuff is level with your heart. Do not place your arm on the air tube. This will restrict the flow of air.
3. Remove the air tube from the air jack.
4. Place the cuff over your arm, ensuring it is wrapped snugly around your upper arm.
5. Tighten the cuff around your arm, ensuring it is level with your heart.
6. Press the power button to turn on the monitor.
7. Follow the instructions on the display. The monitor will inflate to measure your blood pressure.
8. When the measurement is complete, the arm cuff will deflate, and you will hear a series of beeps.
9. You can store your blood pressure readings in the memory.
10. To review your stored readings, press the Memory (M) button.

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**APPLICATION OF THE ARM CUFF**

**APPLICATION OF THE CUFF ON THE RIGHT ARM**

1. Sit on a chair with your feet flat on the floor.
2. Place your arm on the table so the cuff is level with your heart. Do not place your arm on the air tube. This will restrict the flow of air.
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**APPLICATION OF THE CUFF ON THE LEFT ARM**

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